CHLD 2002

AGES AND STAGES OF DEVELOPMENT OF PRESCHOOLERS AGES THREE TO FIVE**

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool children

Overview

This course is the first in a series related to the care and development of children ages three to five years old. The ages and stages of child development are organized into the physical, language, cognitive, and social/emotional domains.

IMPORTANT!

Registration

75002

04/25

Wytheville

There will be no food or beverages served at child care provider training classes. If desired, please provide your own food and beverage.

Number	Date	City	Location
74997	03/14	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
74998	03/21	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
74999	03/21	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
75000	03/21	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
75001	03/28	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent

Room 3

Wytheville Meeting Center

333 Community Boulevard

CHLD 2018

BEYOND BABBLE: EXPLORING EARLY LANGUAGE DEVELOPMENT**

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with infants and toddlers

Overview

This course will allow participants to gain an understanding of early language development and communication. Participants will explore the physical structures involved in language development, how children acquire language, patterns of typical language development, three key roles adults play in language development, and age-appropriate ways to verbally interact with children.

IMPORTANT!

Registratio Number	n Date	City	Location
75021	03/21	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
75022	03/28	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75023	03/28	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
75024	04/25	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
75025	05/02	Abingdon	Virginia Highlands Community College Southwest Virginia Higher Education Center Room 240 One Partnership Circle
75026	05/02	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA297 3001 North Beauregard Street

^{**}This may be used as a component course for VDSS ECEP – Preschool Endorsement. See page 9 for details.

^{**}This may be used as a component course for VDSS ECEP – Infant and Toddler Endorsement. See page 9 for details.

HLTH 2154 BUILDING BLOCKS FOR HEALTHY ACTIVE CHILDREN: NUTRITION AND PHYSICAL ACTIVITY

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool and

school-age children

Overview

This course will give child care professionals an understanding of the importance of nutrition and physical activity in the development of children. Programs that support good nutrition and physical activity as part of the learning environment help produce healthy children. Healthy children grow and learn better.

The problem of overweight children has become a major public health issue and it continues to grow - with children eating more, but exercising less. There are many health risks associated with children being overweight. Child care professionals play a crucial role in helping to reverse this trend and creating an environment that promotes nutritious foods and drinks, and physical activity.

Objectives

- Learn the basics of proper nutrition and physical activity for children.
- Learn how to prepare healthy snacks and drinks for children based on USDA guidelines.
- Gain an understanding of how to incorporate more physical activity into child care programs.
- Explore strategies to promote positive attitudes and habits toward food among youth, including family-style meals, healthy portion sizes, and creative ways to deal with picky eaters.
- Discuss ways to work with parents to encourage good nutrition and physical activity for their children at home.

IMPORTANT!

Registratio Number	n Date	City	Location
75063	03/28	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
75064	04/18	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
75065	04/18	Wytheville	Wytheville Meeting Center Rooms 1 & 2 333 Community Boulevard
75066	05/02	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
75067	05/09	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA297 3001 North Beauregard Street
75068	05/16	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
23159	06/06	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Auditorium 10000 Germanna Point Drive



CHLD 2015 CHILD ABUSE AND NEGLECT: RECOGNITION AND REPORTING**

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with children of all ages

Overview

Child care providers will learn how to recognize and manage suspected child abuse and neglect. This course provides instruction on types of abuse and neglect, strategies for responding to suspected child victims and their parents, the child protective services response process, and knowing when and how to report suspected abuse and neglect. Virginia law mandates that child care providers report suspected child abuse and neglect.

IMPORTANT!

There will be no food or beverages served at child care provider training classes. If desired, please provide your own food and beverage.

Registration Number Date City Location 75036 05/02 Warrenton Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street 75038 05/09 Richmond Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road 75039 05/30 Springfield **NOVA Community College** Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive 75040 05/30 Wytheville Wytheville Meeting Center Room 3 333 Community Boulevard 23153 06/06 Roanoke Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201 23155 06/06 Hampton Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road

LEARNING AN AGE-APPROPRIATE
LEARNING ENVIRONMENT FOR
PRESCHOOLERS**

Length: 4 hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool children

Overview

This is the second course in a series related to the care and development of children ages three to five years old. This course establishes a basis for understanding how the environment impacts children's growth and development.

IMPORTANT!

Registratio Number	n Date	City	Location
75003	03/21	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75004	03/28	Chester	John Tyler Community College Chester Campus Moyar Hall, Rooms M201 A & B 13101 Jefferson Davis Highway
75005	04/04	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
75006	04/18	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
75007	04/25	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
75008	05/16	Wytheville	Wytheville Meeting Center Room 3 333 Community Boulevard

CHLD 2003
CREATING AN AGE-APPROPRIATE

^{**}This may be used as a component course for both VDSS Early Childhood Endorsements. See page 9 for details.

^{**}This may be used as a component course for VDSS ECEP - Preschool Endorsement. See page 9 for details.

CHLD 2020 GROWING WILD WITH YOUR CLASS

Length: 6 Hours – 9:00 a.m. to 4:00 p.m. (1-hour lunch

break, please provide your own lunch)

Fee: \$25.00

Target Audience: Providers who work with preschool and school-

age children up to age 12

Overview

With the publication of "Last Child in the Woods" by Richard Louv, the health benefits, both physical and mental, of children having the opportunity to explore nature have never been better understood. The activities provided in this course from Project WILD will provide ideas and resources for helping children in your care become more involved in the natural world. Individual copies of the 500-page Project WILD K-12 Curriculum and Activity Guide, activities for preschoolers and supplementary information about Virginia's wildlife will be provided.

Objectives

- Understand the importance of the environment, especially wildlife, in our daily lives.
- Participate in hands-on activities that will enhance nature studies.
- Review the Project WILD curriculum and activity guide and best practices for using the materials.

IMPORTANT!

There will be no food or beverages served at child care provider training classes. If desired, please provide your own food and beverage.

Registration

Number	Date	City	Location
75053	04/18	Williamsburg	James City County Community Recreation Center Room A 5301 Longhill Road

CHLD 2005 GUIDING THE BEHAVIORS OF PRESCHOOL CHILDREN AGES THREE TO FIVE**

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool children

Overview

This course is the fourth in a series related to the care and development of children ages three to five years old. Participants will explore the ages and stages of development for the 3 to 5 year old child and examine the role a provider plays in guiding the behavior of the preschool child.

IMPORTANT!

Registratio Number	n Date	City	Location
75015	04/18	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
75016	04/25	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75017	05/09	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
78018	05/09	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
23150	06/06	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
23151	06/06	Abingdon	Virginia Highlands Community College Southwest Virginia Higher Education Center Room 240 One Partnership Circle

^{**}This may be used as a component course for both VDSS Early Childhood Endorsements. See page 9 for details.

CHLD 2016 HEALTH SCREENING FOR CHILD CARE PROFESSIONALS**

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with children of all ages

Overview

This course satisfies the training requirements specified in the *Standards for Licensed Child Day Centers* (22 VAC 15-30-310 D.6). The course provides instruction in daily health observation, excluding children for illness, preventing infections, communicable diseases, vaccine preventable diseases, immunizations, OSHA health and safety practices, and the provider's role in reporting diseases. While the class is required for providers who work in licensed child day centers and who perform the daily health observation of children, it is beneficial for all child care providers.

IMPORTANT!

There will be no food or beverages served at child care provider training classes. If desired, please provide your own food and beverage.

Registration Number Date Location City 75042 05/16 Roanoke Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201 75044 05/16 Warrenton Lord Fairfax Community College Fauguier Campus, Room 210 6480 College Street 75045 05/30 Hampton Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road 75047 05/30 Richmond Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road Springfield 23156 06/06 **NOVA Community College** Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive 23157 Wytheville 06/06 Wytheville Meeting Center Room 3 333 Community Boulevard

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool children

Overview

This is the third course in a series related to the care and development of children ages three to five years old. In this course, the participants will use their knowledge of the characteristics of preschool children to understand the process of developing thematic units to guide learning.

IMPORTANT!

Registration Number	on Date	City	Location
75009	04/04	Chester	John Tyler Community College Chester Campus Moyar Hall, Rooms M201 A & B 13101 Jefferson Davis Highway
75010	04/18	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75011	04/25	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
75012	05/02	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
75013	05/09	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
75014	05/30	Abingdon	Virginia Highlands Community College Southwest Virginia Higher Education Center Room 240 One Partnership Circle

CHLD 2004
PLANNING AGE AND STAGE APPROPRIATE
ACTIVITIES FOR PRESCHOOLERS**

^{**} This may be used as a component course for both VDSS Early Childhood Endorsements. See page 9 for details.

^{**}This may be used as a component course for VDSS ECEP - Preschool Endorsement. See page 9 for details.

HLTH 2155 PRESCHOOL PHYSICAL ACTIVITIES: LET'S GET THEM MOVING!

Length: 4 hours - 9:00 a.m. to 1:00 p.m.

Fee: \$10.00

Target Audience: Providers who work with preschool children

Overview

This course will include preschool physical development milestones. Participants will learn how to teach important concepts using movement activities. The course gives providers practical, fun, developmentally sound activities to help incorporate movement into everyday life for preschool-aged children. Participants will get to play with and make equipment from recyclable materials that they can use in their classrooms to help children develop. Areas of physical development will include: balance, eye-hand coordination, overall body coordination, strength, and flexibility. Participants will explore how skills progress from beginning stages to advanced as children grow and gain experience, and how to build on current abilities to help children gain new skills. Ideas for using short periods of time productively to build needed physical and social skills, including helping children use their energy in appropriate ways, will be reviewed.

Objectives

- Describe the importance and benefits of physical activity in preschoolers' development.
- Provide an environment that will stimulate the link between the brain and muscle development in preschool children.
- Discuss physical activities that can help children diagnosed with learning disabilities compensate and do better in school.
- Identify age-appropriate activities that help preschoolers develop physically to prepare for success in sports and life.
- Take home ideas and samples of easy-to-make, fun, free or nearly free items. (Requires participants to bring their own supplies—see below.)

What to Bring

- 1- empty toilet paper tube
- 1- metal, bendable coat hanger
- 1- leg of an old pair of pantyhose or knee highs. (It can have runs and holes.)
- 1- empty plastic gallon milk or water jug. (Be sure it is clean and dry.)
- 1- pair of sharp, sturdy scissors, if you have them.
- · 1- hole puncher, if you have one.
- A plastic bag to take home your creations.

IMPORTANT!

Registratio Number	n Date	City	Location
75078	03/28	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
75079	04/18	Charlottesville	Piedmont Virginia Community College Main Building – Room 248 501 College Drive
75080	04/25	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
75081	05/09	Abingdon	Virginia Highlands Community College Southwest Virginia Higher Education Center Room 240 One Partnership Circle
75082	05/30	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
23161	06/06	Chester	John Tyler Community College Chester Campus Bird Hall, Room B116 13101 Jefferson Davis Highway



CHLD 2024 PROMOTING CHILDREN'S SUCCESS: BUILDING RELATIONSHIPS AND CREATING SUPPORTIVE ENVIRONMENTS

Length: 5 Hours – 9:00 a.m. to 2:00 p.m. (working

lunch – please provide your own lunch)

Fee: \$10.00

Target Audience: Providers who work with preschool children

Overview

This course is designed to build positive relationships with children and families through the design of environments, schedules, and routines; establishing rules; implementing activities that promote child engagement; modifying and adapting materials and activities to meet the individual needs of all children, including those with special needs; and planning and promoting encouragement and descriptive praise to children. The course will focus on the skills needed to evaluate work with children related to building relationships and generate strategies for addressing areas where change and/or improvement is needed.

This course is module 1 of a 4-part series from the **Promoting Social and Emotional Competence** training series designed by The Center for Social and Emotional Foundations for Early Learning (CSEFEL). This training encompasses the principles of the CSEFEL Pyramid Model for Promoting Social Emotional Competence in Infants and Young Children, including building an effective workforce, enhancing nurturing and responsive relationships, creating high quality supportive environments, providing targeted social emotional supports, and incorporating intensive interventions.

Objectives

- Participants will be able to describe the importance of building relationships with children, families, and colleagues.
- Participants will be able to describe the relationship between children's social emotional development and challenging behaviors.
- Participants will be able to use descriptive acknowledgment and encouragement to support children's positive social behaviors.

IMPORTANT!

Registrati Number	Date	City	Location
75055	03/21	Chester	John Tyler Community College Chester Campus Nicholas Center, Room 102A 13101 Jefferson Davis Highway
75057	04/04	Springfield	NOVA Community College Springfield Campus Medical Education Building, Room HE256 6699 Springfield Center Drive
75058	04/04	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
75059	05/02	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Auditorium 10000 Germanna Point Drive
75060	05/09	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75061	05/16	Abingdon	Virginia Highlands Community College Southwest Virginia Higher Education Center Room 240 One Partnership Circle
75062	05/16	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
23158	06/06	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road



CHLD 2017 UNDERSTANDING TEMPERAMENTS TO HELP INFANTS AND TODDLERS LEARN AND DEVELOP**

Length: 4 Hours – 9:00 a.m. to 1:00 p.m.

Fee \$10.00

Target Audience: Providers who work with infants and toddlers

Overview

This course will define temperament and explain its importance in the development of infants and toddlers. It will focus on five temperament characteristics — activity level, approach/withdraw, intensity, mood, and persistence. The construct of "goodness-of-fit" will also be emphasized and strategies for interacting with infant and toddler children who demonstrate a variety of temperaments will be given. Participants will have the opportunity to explore their own temperaments and to discuss case examples of infants and toddlers with extreme temperaments.

Objectives

- Define temperament and identify the five dimensions of temperament – activity level, approach/withdraw, intensity, mood, and persistence.
- Explain what "goodness-of-fit" means.
- · Identify temperament characteristics.
- Identify strategies to adapt the environment to improve "goodness-of-fit" for children with different temperaments.
- Recognize the importance of language in describing children with different temperaments.
- Identify strategies for helping children with different temperaments adapt to their environment.

IMPORTANT!

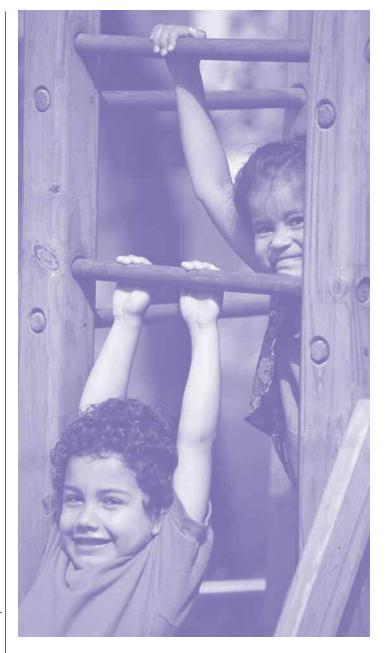
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There will be no food or beverages served at child care provider training classes. If desired, please provide your own food and beverage.

Registrati Number	on Date	City	Location
75027	03/28	Wytheville	Wytheville Meeting Center Rooms 1 & 2 333 Community Boulevard
75029	04/04	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75031	04/04	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street
75032	04/18	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room1302 600 Butler Farm Road
75034	05/02	Richmond	Community College Workforce Alliance North Run Corporate Center, Room 125 1630 East Parham Road
75035	05/16	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA297 3001 North Beauregard Street

**This may be used as a component course for VDSS ECEP - Infant and Toddler

Endorsement. See page 9 for details.



HLTH 2138 VIRGINIA'S MILESTONES OF CHILD DEVELOPMENT

Length: 6 Hours – 9:00 a.m. to 4:00 p.m. (1-hour lunch

break, please provide your own lunch)

Fee: \$25.00

Target Audience: Providers who work with infants, toddlers and

preschool children

Overview

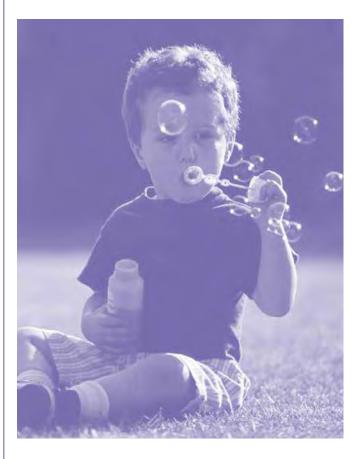
This course is designed to introduce participants to the *Milestones of Child Development*. Participants will learn how to use this comprehensive guide that focuses on milestones of child development for children from birth to five years old. Parents, early childhood professionals, child care directors, early intervention professionals, and school and early childhood administrators will benefit from this guide. Class instruction will include information about the six domains of development, strands of each domain, and indicators of development in order to enable participants to use the guide practically in their respective settings. This course will provide participants with tools to support the growth and development of young children from birth through their transition to kindergarten. A brief explanation of a second guide, *Competencies for Early Childhood Professionals*, will be given.

Objectives

- Review the guide, Milestones of Child Development, with a focus on how the tool is formatted.
- Discuss the six domains of children's development and define components of each domain. Domains include: (1) Social and Emotional Development (2) Approaches to Learning (3) Language and Literacy (4) Cognition and General Knowledge (5) Fine Arts and (6) Physical Development and Health.
- Describe the meaning of strands and sub-strands for each domain.
- Explore indicators for each domain so that adults can assess when new skills are emerging and provide strategies to support rising skills.
- Recognize that Milestones of Child Development is a working document that adults can use when working with groups of children or with individual young children in classroom or home settings.
- Become proficient in understanding domains, strands, and indicators to maximize children's experiences in either classroom or home environments.

IMPORTANT!

Registratio Number	n Date	City	Location
75049	03/21	Abingdon	Virginia Highlands Community College Southwest Virginia Higher Education Center Room 240 One Partnership Circle
75050	05/09	Charlottesville	Piedmont Virginia Community College Main Building – Room 248 501 College Drive
75051	05/16	Hampton	Thomas Nelson Community College Peninsula Workforce Development Center Room 1302 600 Butler Farm Road
75052	05/30	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA297 3001 North Beauregard Street



HLTH 2156 WORKING WITH CHILDREN WITH ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD)

Length: 6 Hours - 9:00 a.m. to 4:00 p.m. (1-hour lunch

break, please provide your own lunch)

Fee: \$25.00

Target Audience: Providers who work with children ages 4 - 12

Overview

This course is designed to help caregivers better understand attention deficit hyperactivity disorder. The content includes strategies for helping children manage the disorder, adapting the environment, and learning ways to reach out to the community.

Objectives

- Become aware of difficulties of traditional learning environments and behavior control.
- Gain an understanding of the impact of ADHD on preschool and school-age children and their parents.
- Identify characteristics of normal attention and attention deficit.
- Learn ways to foster partnerships with parents and other community resources.
- Learn effective strategies for managing the environment, helping children remember, helping children control impulsive behaviors, and building social skills and self-esteem.
- Apply strategies in working with preschool and school-age children in family and child day program environments.

IMPORTANT!

Registration Number	n Date	City	Location
75069	03/21	Alexandria	NOVA Community College Alexandria Campus Bisdorf Building, Room AA297 3001 North Beauregard Street
75070	03/28	Charlottesville	Piedmont Virginia Community College Main Building – Room 248 501 College Drive
75071	04/04	Wytheville	Wytheville Meeting Center Rooms 1 & 2 333 Community Boulevard
75072	04/18	Virginia Beach	Tidewater Community College Advance Technology Center, Room H-170 1700 College Crescent
75073	04/25	Fredericksburg	Germanna Community College Fredericksburg Campus Workforce Building, Auditorium 10000 Germanna Point Drive
75074	05/02	Roanoke	Roanoke Higher Education Center Higher Education Center, Room 206B 108 North Jefferson Street, Suite 201
75075	05/16	Chester	John Tyler Community College Chester Campus Bird Hall, Room B116 13101 Jefferson Davis Highway
75077	05/30	Warrenton	Lord Fairfax Community College Fauquier Campus, Room 210 6480 College Street

